

Website Disclaimer

The Art of Healing Therapy

The information provided on this website, including written content, images, videos, audio, and linked resources, is intended for general educational and informational purposes only. It is not a substitute for individualized mental health care, medical advice, diagnosis, or treatment.

No Therapist-Client Relationship

Visiting this website, accessing its resources, or contacting me through email or an appointment request does not establish a therapist-client relationship. A therapeutic relationship is established only after we have mutually agreed to begin services and completed the appropriate intake and consent process.

Individual Experiences and Outcomes

Information about therapeutic approaches, including EMDR and Brainspotting, is provided for educational purposes. Individual experiences and responses to therapy vary, and specific outcomes cannot be guaranteed.

Website Communication and Privacy

Please avoid including sensitive personal or clinical information in general website inquiries or email. Electronic communication may not be fully secure. Appointment requests are directed through my practice's client portal.

Emergencies

This website and its communication channels are not intended for emergencies or immediate crisis support. If you are experiencing an immediate emergency, call 911 or visit your nearest emergency department.

Questions

If you have questions about my services or getting started, you are welcome to contact me.

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The Art of Healing Therapy

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